

Divided Heart

Read the following verses:

1 Samuel 7:2-3, Psalms 86:11, Ezekial 36:26-28, James 1:8

There are many verses in scripture that speak about the division of the heart or mind. From God's Word, we understand that sin divides us and prevents us from living wholeheartedly but the Holy Spirit can create in us a whole heart, if we allow Him to lead. Galatians 5:22-23 describes the fruit, or the outpouring of Holy Spirit leadership.

Draw a line through the middle of the heart below to represent a divided heart. On the left side of the heart, list the parts of you, or struggles that you are having right now. Then draw a line from the struggle to the fruit of the spirit that you will need to unite your heart.

Finally, devote yourself to increasing the fruits of the spirit you need to strengthen. Below are suggestions for verses that can help you begin to strengthen His leadership and Self.



Love: 1 Corinthians 13:4-5
Joy: Philippians 4:4
Peace: Isaiah 26:3
Patience: Psalms 37:7-9
Kindness: Ephesians 4:32

Goodness: Romans 12:21
Faithfulness: Proverbs 3:3-4
Gentleness: Philippians 4:5
Self-Control: Proverbs 25:28